



## **VSC RETURN TO PLAY - June 2020**

This document is in response to the BC Ministry of Health requirement for all youth sport organizations to develop a COVID-19 Safety Plan as part of the return to safe operations resulting from COVID-19. The following six-step process includes a checklist confirming our readiness for a safe return to play for our VSC members.

### **Step 1: Assess the risks at your workplace**

The virus that causes COVID-19 spreads in several ways. It can spread in droplets when a person coughs or sneezes. It can also spread if you touch a contaminated surface and then touch your face.

The risk of person-to-person transmission increases the closer you come to other people, the more time you spend near them, and the more people you come near.

The risk of surface transmission increases when many people contact the same surface and when those contacts happen over short periods of time.

### **Involvement of coaches and other stakeholders in assessing risks.**

Identify areas where there may be risks, either through close physical proximity or through contaminated surfaces. The closer together players are and the longer they are close to each other, the greater the risk.

- ✓ We have involved stakeholders in our risk assessment process.
- ✓ We have identified areas where people gather, such as break rooms, production lines, and meeting rooms.
- ✓ We have identified job tasks and processes where players are close to one another or members of the public.
- ✓ We have identified the equipment that players might share while participating in activities.
- ✓ We have identified surfaces that people touch often, such as doorknobs, elevator buttons, and light switches.

## Step 2: Implement protocols to reduce the risks

### Select and implement protocols to minimize the risks of transmission.

- ✓ Review [industry-specific protocols](#) through VIA Sport to determine whether any are relevant to the sport of basketball. Basketball BC in conjunction with Basketball Canada have designed protocols specific to basketball.
- ✓ Basketball BC [Orders, guidance, and notices](#) issued by the provincial health officer and relevant to your basketball.
- ✓ We have incorporated controls from various levels to address the risk in our programming.
- ✓ First level protection (elimination) — We have limited the number of people in our programming where possible by implementing both remote and in person training. This, in addition to limiting participation numbers and rearranging drills to ensure that players are at least 2 m (6 ft.) apart from each other and those in the same physical space..
- ✓ Third level protection (administrative controls) — This will be adhered to where an indoor facility has been rented. This will be discussed and ensured prior to any VSC involvement.
- ✓ Fourth level protection (PPE) — If the first three levels of protection aren't enough to control the risk, the use of masks will ensue. Participants will be briefed on the proper use of masks.

### **First level protection (elimination): Limit the number of people at the facility and ensure physical distance whenever possible**

- ✓ We have established and posted an occupancy limit for our premises. Public Health has advised that the prohibition on gatherings of greater than 50 people refers to “one-time or episodic events” (weddings, public gatherings), and is therefore not intended to apply to workplaces.
- ✓ VSC will limit the number of people in a facility and will ensure that physical distancing is maintained. [Public Health has developed [guidance for the retail food and grocery store sector](#) that requires at least 5 square metres of unencumbered floor space per person (workers and customers).
- ✓ We have implemented measures to keep players and others at least 2 metres apart, wherever possible.

## Measures in place

✓ Basketball Training programs will be made available to families, minimizing the number of in person practices required each week - The training sessions will adhere to all requirements as laid out by [VIA Sport and Basketball Canada Guidelines](#) - Limiting or prohibiting visitors - Reducing the number of players.

## Second level protection (engineering): Barriers and partitions N/A

Measures in place See [VIA Sport and Basketball Canada Guidelines](#)

## Third level protection (administrative): Rules and guidelines

- ✓ We will communicate rules and guidelines for how players should conduct themselves.
- ✓ We have clearly communicated these rules and guidelines to parents/players through meetings and access to online documentation.

## Measures in place Rules and Guidelines - In-Person Training

✓ All participants with VSC programming must either COMPLETE the following [BC Health Screening](#) assessment or confirm that they do not have any COVID-19 symptoms, prior to engaging in any training session. If a participant has any symptoms, **PLEASE REMAIN AT HOME.**

✓ STAY SAFE and be aware of social distancing practices. Thoroughly wash and sanitize hands before entering the playing surface and ensure that hands are sanitized following any sharing of equipment.

✓ Any member who has any of the following symptoms of illness, MUST stay home: Fever (greater than 37.6) Continuous Coughing Stuffy or runny nose Sore Throat Frequent Sneezing Loss of taste or smell Shortness of breath Malaise Headache Muscle aches Loss of appetite Diarrhea Rash

## Fourth level protection: Using masks (optional measure in addition to other control measures)

- ✓ We have reviewed the information on [selecting and using masks](#) and [instructions on how to use a mask](#).
- ✓ We understand the limitations of masks to protect the wearer from respiratory droplets. We understand that masks should only be considered when other control measures cannot be implemented.
- ✓ If need be, we will train all participants in the proper use of masks.

## Measures in place

✓ Players are at liberty to use masks, however we will not make this mandatory for participation. In the event we cannot adhere to other precautionary measures, masks may be an option.

✓ Should play move into competitive situations, we may use masks at that point. The directive for this area will come from VIA Sport, Basketball BC or Basketball Canada.

## Implement effective cleaning and hygiene practices

✓ We have reviewed the information on [cleaning and disinfecting](#) surfaces.

✓ We will ensure that the gym sites we use have enough handwashing facilities on site for all our players. Handwashing locations will be visible and easily accessed.

✓ We have policies that specify when workers must wash their hands and we have communicated good hygiene practices to workers. Frequent handwashing and good hygiene practices are essential to reduce the spread of the virus. [[Handwashing](#) and [Cover coughs and sneezes](#) posters are available at [worksafebc.com](http://worksafebc.com).]

✓ We have implemented cleaning protocols for all common areas and surfaces — e.g., washrooms, tools, equipment, vehicle interiors, shared tables, desks, light switches, and door handles. This includes the frequency that these items must be cleaned (number of times per day) as well as the timing (before and after shift, after lunch, after use).

## Cleaning protocols

✓ Coaches and Skills Trainers will be responsible for ensuring that the participants are abiding by the health precautions and that surfaces are sanitized. In the event that we are using indoor facilities, the facility attendants will also be responsible for supporting this process.

## Step 3: Develop policies

We have reviewed our policies to address the manner in which we will manage our programs. This includes, what we do if there is a player who attends the session with symptoms, develops symptoms while in our care and general safety precautions to take both in a proactive and preventative manner.

✓ We have clearly stated that players and any other showing symptoms of COVID-19 are prohibited from the playing facility in use.

✓ Anyone who has had symptoms of COVID-19 in the last 10 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or

headache. Anyone directed by Public Health to self-isolate.

✓ Anyone who has arrived from outside of Canada must **self-isolate for 14 days and monitor** for symptoms. Visitors are prohibited or limited in the playing facility.

✓ Our policy addresses players who may start to feel ill while playing in a session. It includes the following:

- Sick coaches or trainers should report their illness to a coach or lead instructor on the site, even with mild symptoms.
- Sick coaches or trainers will be asked to wash or sanitize their hands, provided with a mask, and isolated. Ask parents to take the player straight home. [VSC will call 811 for further guidance related to testing and self-isolation.]
- If the player is severely ill (e.g., difficulty breathing, chest pain), VSC will call 911.
- Clean and disinfect any surfaces that the ill payer has come into contact with.

#### **Step 4: Develop communication plans and training**

**We will ensure that everyone entering our playing space and facility, including players (when competition takes set) from other clubs, are aware of how to keep themselves safe while playing in our facility or rented space.**

✓ We will ensure that all stakeholders are aware of our facility policies and procedures.

✓ We will ensure that all rented facilities have posted signage at the gymnasium, including occupancy limits and effective hygiene practices. This means posted signage at the main entrance indicating who is restricted from entering the premises, including **visitors** and **workers** with symptoms.

#### **Step 5: Monitor your programming and facilities to ensure that updates are made as required.**

**As things change, and we receive information from VIA Sport regarding best practices, we will update our protocols and practices accordingly. We are always monitoring risks.**

✓ Players and parents are aware of who to contact in the event there are health and safety concerns.

#### **Step 6: Assess and address risks from resuming operations**

**VSC will manage all risks arising from restarting and resuming our return to play.**

✓ We will review a training plan for new coaches and staff.